

VOLUNTEERS WANTED!

JOIN US IN OUR MISSION!

WE HAVE MANY OPPORTUNITIES TO MAKE A DIFFERENCE FOR CHILDREN AND FAMILIES.

CURRENT VOLUNTEER POSITIONS:

All are under supervision of staff. Flexible timing within school week.

WITH STUDENTS: REGULAR AND SUBSTANTIAL STUDENT CONTACT.

- **Classroom Helpers | Weekly or more.** Assist in supervision and implementation of classroom activities in one classroom.
- **Lunch Helpers | Weekly or more.** 11:00 – 12:30. Assist in supervision of lunches in one or more classrooms.
- **Activity Leaders | Weekly or more.**
 - **Healthy Food Program | Weekly or more.** Coordinate a food prep and nutrition activity and run in classrooms. Assist with food ordering. *(detailed description follows)*
 - **Music | Weekly or more.** Plan a music activities & run in classrooms, or in a school-wide location.
 - **Art | Weekly or more.** Plan art activities & run in classrooms, or in a school-wide location.
 - **PE - | Weekly or more.** Plan motor activities & run in classrooms, or in a school-wide location. We are using *Special Olympics Young Athletes* curriculum and will provide online training.

BEHIND THE SCENES: MINIMAL OR NO STUDENT CONTACT.

- **Clinic Helpers | Weekly or more.** Help in the clinic with creating and organizing materials, making copies, laminating and cutting, cleaning toys.
- **Preppers | Weekly or more.** Help team members with tasks such as laminating, copying, cutting, shredding, materials set up and filing.
- **Gardeners | Seasonal.** Help maintain 3 raised garden beds with planting, watering, weeding, and harvesting.
- **Handy Persons | Occasional.** Put up shelves, bulletin boards, and other things as needed.
- **Development Aides | Weekly or more.** Help with fundraising, donations and donor data base, volunteer programs, and communications.

Contact VickiR@Crossroadcenter.org 280-0083 ext.126 to talk about sharing your time and talent with CROSSROADS.

* Please note that **volunteers** serve in a different capacity than **interns**; if you are interested in a clinical or educational **internship** please contact MelissaC@Crossroadcenter.org instead.



1136 N Westcott Road, Suite 100, Schenectady, NY 12306

518-280- 0083

www.crossroadcenter.org

VOLUNTEER DESCRIPTION: HEALTHY FOOD PROGRAM PROJECT COORDINATOR

Weekly

Select 1 simple project per week to:

- Target food difficulties identified by parents and teachers as per surveyed responses (will be provided).
- Desensitize aversions.
- Build upon current tolerances and likes to increase repertoires.
- Utilize fresh and healthy and real foods.
- Avoid waste and reuse in consecutive weeks.
- Tie into seasons and themes to increase fun and appeal for students.
- Provide opportunities for teachers to teach about nutrition and work on food prep skills.
- Write up Capital roots or supply order request for food ingredients to order enough for all classrooms.
- Submit for approval in a timely manner.
- Conduct activities in classrooms with supervision and support of teaching teams.