

Applied Behavior Analysis, the foundation of Crossroads Center for Children's philosophy and practice.

Children that are enrolled at Crossroads Center for Children for special education services are either diagnosed on the autism spectrum or can simply benefit from a behaviorally based educational program. Applied behavior analysis (ABA) is the fundamental approach for instruction at Crossroads Center for Children. There is extensive research to support the use of Applied Behavior Analysis with children with autism. It is precisely because of the scientific nature of the treatment that our founders based the program upon it. ABA is what sets this school apart from others and results in measurable progress.

Perhaps the largest research project to inform our readers is the *National Standards Project*. It is an extensive project which identifies autism treatments which are evidence-supported as opposed to others that are not. This was accomplished by completing a thorough literature review of all autism treatments and applying rigorous criteria regarding the research designs used in each study. Information from research that met the specific standards was used to evaluate the intervention. Below is the list of all interventions that through this process were found to be 'established.' Those in bold font are techniques that are used at Crossroads Center for Children. <http://www.nationalautismcenter.org/national-standards-project/>  
<http://www.nationalautismcenter.org/autism/autism-interventions/>

The following interventions have been identified as falling into the Established level of evidence:

**Behavioral Interventions**

Cognitive Behavioral Intervention Package

**Comprehensive Behavioral Treatment for Young Children**

**Language Training (Production)**

**Modeling**

**Natural Teaching Strategies**

Parent Training

Peer Training Package

Pivotal Response Training

**Schedules**

**Scripting**

**Self-Management**

**Social Skills Package**

**Story-based Intervention**

For the interested reader, some other bases of research to support ABA are provided. An endless supply of articles can be found in the *Journal of Applied Behavior Analysis*, a "psychology journal that publishes research about applications of the experimental analysis of behavior to problems of social importance."

<https://www.ncbi.nlm.nih.gov/pmc/journals/309/> or here: <https://onlinelibrary.wiley.com/journal/19383703>.

*The National Standards Project is uploaded in its entirety below.*